

Adult Dance Ballet / Yoga

土瓜灣TKW				黃埔WP				將軍澳TKO			
Ballet Fit	(二)Tue	8:30-9:30pm	TC	Adult G3	(一)Mon	2:30-3:30pm	TC	Yoga	(三)Wed	9:30-10:30am	MF
Yoga	(四)Thu	10:30-11:30am	MF	Yoga	(二)Tue	9:30-10:30am	MF	Ballet Fit	(三)Wed	10:30-11:30am	TC
				Adult G3	(三)Wed	2:30-3:30pm	BL	Allegro	(四)Thu	9:30-10:30am	PL
				Ballet Fit	(五)Fri	10:30-11:30am	TC	Ballet	(五)Fri	7:00-8:00pm	AH